

HOT YOGA CONSENT FORM

NAME	FIRST										LAST													
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ADDRESS																CITY						STATE		
ZIP						DOB						CELL ()						REFERRED BY						
EMAIL	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>				

Do you have any Injuries or Medical Conditions? _____

In consideration of & as inducement of your enrollment as a student of GinNamaste LLC, Hot & Soul Yoga, I Represent and Agree as follows :

1. I have been fully examined by a licensed physician within the past six (6) months and have been found by such physician to be in good physical health and fully able to perform all Yoga and Pilates exercises which I am to learn during my enrollment with Hot & Soul Yoga.
2. I will faithfully follow all instructions given me by Hot & Soul Yoga and it's instructors as to when, where, and how to perform and not to perform Yoga and Pilates exercises. It is understood that any deviation by me from such instruction shall be at my own risk.
3. I release and discharge GinNamaste LLC, Hot & Soul Yoga, its directors and instructors from any and all liability, claims, demands, or actions that I may have resulting from injury, death, or damages arising from my participation in Yoga or Pilates.
4. I understand and acknowledge that I am to receive instruction of Yoga and Pilates theory and exercises only. I will not hold GinNamaste LLC, Hot & Soul Yoga, its partners, instructors, or employees to any higher standard of care other than applicable to Yoga and Pilates theory and excercises.
5. I recognize that this **agreement of release and waiver of liability** is a legal contract and that I have complete knowledge and understanding of its contents.

Signature _____

Date _____



Hot & Soul Yoga, GinNamaste, LLC
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www.hotandsoulyoga.com